

Taco Salad

Ingredients

Meat (ground beef, turkey, chicken; "fresh" or canned)
Taco seasoning, one pack per pound of meat
Lettuce for salad
1 "lot" shredded cheese
Can(s) kidney/black beans, olives
Salsa, sour cream
Tortilla chips

Directions

Brown meat with taco seasoning. Build salad: lettuce, cheese, beans, olives...more cheese, more olives. :)

Top with browned meat. On top of that, put salsa and sour cream. Now crunch a hand full of tortilla chips. Toss. Mangia!

Yield: up to you

Submitted by tigger