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Ingredients

2-4 fresh squeezed limes or lemons (I prefer limes) you must bring a little juicer, I use the manual kind
1/2 cup of real Canadian (or Vermont!) maple syrup (to taste)
a dash of cayenne pepper (also to taste)
added to one quart of water.

Directions:

I mixed this stuff up by the gallons and pass it around. It is said to have all the nutrients needed for sustaining human life... it actually comes from a fast called the Lemon Aid Diet that's used for people suffering from serious illness, weight-lose issues or wanting a great detox and recommended to be your sole consumption for 10-42 days! The effect it has for me is carefree wondering, biking, dancing and baking in the hot sun with no worries about hunger, dehydration or malnutrition. Simply delicious!!!

Submitted by Dream Rockwell of The Woonami Village: “My favorite burningman treat is a thirst quenching drink.”